

Subj: **Re: (no subject)**  
 Date: 2/12/2008 6:56:25 P.M. Central Standard Time  
 From: [pedejo03@luther.edu](mailto:pedejo03@luther.edu)  
 To: [PeteVinton@aol.com](mailto:PeteVinton@aol.com)

*Write back on this  
E-mail - 2-20-08*

Hello grandma and grandpa! I was wondering if perhaps something had happened to you since it has been a long time since we last talked. Decorah has actually managed stay away from the snow we have about 8-10 inches of total snow on the ground. We got about 2 inches of snow. Sorry to hear about all the deaths, hopefully none of them are related to the bad weather.

My class load is 16 credits for the semester. I am taken a: Substance abuse class, Exercise physiology class, Poetry class, Athletic training class, an Independent study class (I am learning about advanced techniques to assess injuries) and am writing a senior paper. I also am a Teaching Assistant for an athletic training class. Needless to say I am staying relatively busy but still find time to go to the gym 5 to 6 days a week. If you recall, I applied to graduate school at Michigan State University and the University of Pittsburgh, I still have not heard back from them yet but I am staying optimistic (or at least trying too). When I do hear back from them I will keep you informed.

I am working with the wrestling and indoor track and field team for the month of February and will continue to work with them until March 17; I will then work with softball. Next week Wednesday and Thursday I will be traveling with the wrestling team to UNI for the divisional championships. It should be fun but I am not too thrilled to be missing classes.

It is a funny feeling knowing that this is my last semester at Luther the time has passed by very quickly. Barring some mental catastrophe I should graduate with honors, cum laude; which is given to individuals that have a cumulative GPA of 3.5-3.69.

I am glad that you and grandpa are able to get out of Iowa with all its snow and go to Hawaii! When you are over there just remember not to forget about all of us that are suffering here in this cold and snow! If I do not talk with you again before you leave I wish you the best and hope you have lots of fun.

Love ya,  
Jon

> Hi Jonathan, Seems Gramma's e-mail writing finger has been broken most  
 > of  
 > the winter?? WE've certainly been SnowBound but that shouldn't affect  
 > e-mail.  
 > I think the total snowfall here has been about 60 inches can Decorah top  
 > that? Most of the activities we participate in get canceled. Most that  
 > is  
 > except funerals!!! WE drove to Des Moines for a cousin's on Sat. and one  
 > at our  
 > Church Monday.  
 > How's the subject and work load this Semester?? Hope you have been able  
 > to  
 > get all the required courses necessary.  
 > This is the first winter, for many years that we have stayed in Iowa thro  
 > January and February and believe me this has been some experience. The  
 > last  
 > time was the last year that we lived in the house overlooking the River

Thursday, February 14, 2008 America Online: PeteVinton

Subj: **Re: (no subject)**  
 Date: 9/24/2007 6:45:04 P.M. Central Daylight Time  
 From: [pedejo03@luther.edu](mailto:pedejo03@luther.edu)  
 To: [PeteVinton@aol.com](mailto:PeteVinton@aol.com)

Hello Grandma and Grandpa!

I was just thinking to myself the other day about when I was going to be getting an e-mail from you. I was planning on writing to you yesterday but it got lost in my train of thoughts as I was doing school work. I have been rather busy with school and athletic training. I am working with the football team for their entire season which runs until the beginning of November; from there I will then go to women's basketball until January. My class schedule keeps me very busy. I am taking 3 religion classes, 1 athletic training class and a PE class. I am also a teachers assistant (TA) for an athletic training assessment class.

My 3 religion classes are The Dead Sea Scrolls, Religions in South Asia, and Gender and equality in South Asia. I am really enjoying my religion classes particularly the ones in South Asia - it is very interesting to learn about other cultures and religions and their ideologies. It is also very difficult to keep the 2 South Asia classes separate and we cover a new religion every one and a half to two weeks. So far, I have learned about Hinduism, Daoism, and am just starting Confuciansim. The Dead Sea Scrolls class is also a lot of fun but the professor is kind of dry. If you do not recall, the Essenes were the creators of the Dead Sea Scrolls - they were not really mentioned that much in the New Testament. It is interesting to see how they viewed things and what their take was on Christianity. They are a very different group of followers.

I suppose you guys are still playing golf, seeing how the weather has stayed rather warm and not very fall like - or at least it has here in Decorah. I hope you two continue to be doing well and I am sure that you will have fun with your neice.

Love,  
Jon

> Hello Jonathan!!! Gramma has been terribly lax this fall about mail even  
 > when I know you have a heavy schedule of classes and work but Grandpa and  
 > I are  
 > thinking of you from right here in Vinton. Sorry you couldn't be at  
 > Mark's  
 > wedding ; we missed you and some other grandchildren but definitely  
 > understand  
 > when other priorities come first. In the month since then we have had lots  
 > of  
 > stuff--just stuff- going on here. The last of importance was BOOMTOWN  
 > VINTON on Saturday. Iowa Pyrotechnic Assn. did an all day and evening  
 > show.  
 > Took a little volunteerism on our parts.  
 > My niece is coming from Casa Grande, Az. for a week in Oct. so Eve is  
 > planning a sort of OpenHouse for her Oct 13th before she comes to our  
 > place for the  
 > rest of the week.  
 > Greetings and Love to Lisa also --hope her studies are going well too.  
 > Love Always,  
 > Gramma Wineva

Thursday, September 27, 2007 America Online: PeteVinton



Subj: **Re: Winter letter**  
 Date: 3/10/2007 12:10:37 P.M. Central Standard Time  
 From: [pedejo03@luther.edu](mailto:pedejo03@luther.edu)  
 To: [PeteVinton@aol.com](mailto:PeteVinton@aol.com)

Hello Grandma and Grandpa.

Sorry for the tardiness of my reply to your e-mail. Unfortunately for me I have been extremely busy these past 2 weeks with tests, quizzes, homework and working practices. I am taking 17 credits this semester which is 1 credit over the maximum you are suppose to take a semester. I have a total of 7 classes: Intro to Statistics, Norwegian, Therapeutic modalities, Therapeutic exercise, practicality of modalities, and 2 independent studies classes that deal with the shoulder and the throwing motion - I video tape the Luther baseball pitchers and analyze their pitching motion and identify how baseball pitching places stress on the shoulder. All of my classes are going well but very time consuming which I guess is ok because I do not know what else I would do with free time anyways. I am currently working with the baseball team since the beginning of February. I will switch to working with Track & Field in mid-April. There is still plenty of snow up here which is kind of depressing -we had a total of about 18-20 inches of snow, probably have about 12 inches left. It is starting to feel like spring is in the air! I am glad that your trip was fun and safe.

Next year 3 of my soccer friends and myself are going to be living off campus next year in a very beautiful house. I am very excited about that and I may be living here in Decorah over the summer. I am trying to get a research grant through Luther that would allow me travel to various high-schools and viedo analyze their pitching technique and compare it to other high-school teams as well as to Luther's baseball team. I also applied for an internship to work with the Iowa Cubs minor league baseball team. Anyways, thats all the news that is happening around here. I am glad that your trip was safe and may you take many more. Again, sorry the lateness of this letter.

Love,  
Jon

> Jonathan, That's the way it is when we get old and retired!! Just go  
 > South  
 > where its warm and while you deal with snow, zero and all the pleasantries  
 > of  
 > winter Grandpa and Gramma wlk the white sandy beaches , play golf and have  
 > fresh fish to eat every day!! Ha, we have had a nice 6 weeks break and  
 > must  
 > have brought sunshine and warmth back with us for this week.  
 > I hear you really Aced the Jterm at the hospital ---Congratulations !  
 > Well  
 > Done! What are the courses for this term?  
 > Hope you are staying well and warm --We are and are always grateful for  
 > our  
 > good health and safe driving on these long trips Pete continues to be a  
 > very  
 > alert driver even at age 86 years!!  
 > Love Always  
 > Gramma Pete  
 >

Subj: (no subject)  
Date: 11/3/2006 12:48:42 A.M. Central Standard Time  
From: [pedejo03@luther.edu](mailto:pedejo03@luther.edu)  
To: [PeteVinton@aol.com](mailto:PeteVinton@aol.com)

How are my favorite grandparents from Vinton doing? Thank you very much for your e-mail, it is always nice to get an e-mail that is not school related. That is too bad that grandpa doesn't allow you to buy books/magazines that do deal solely in the financial realm. If you think about it, it kinda seems ironic, spending money to learn how to make money. If you are looking for some books in the religious genre I can recommend two. They are: Living a Life That Matters by Harold Kushner and Living Buddha, Living Christ by Thich Nhat Hahn. They are both on the Nations Bestsellers list so they should be fairly easy to find. They are both written rather simply but they deal with complex topics and offer ways to live a more peaceful life. I was required to read them for one of my classes and found them both to very enjoyable. If I remember correctly were you or are you in a book club? If you are I would recommend that you read Confessions by Saint Augustine. It is a very complex and challenging book would be a fun to discuss in a group setting.

I am glad to hear that Grandpa is trimming the trees at the golf course. That is a great way to get some exercise in this cold fall. It has been so cold up here I am starting to think that it is already winter! It was 30 out today but with the wind I am sure it was in the low twenties.

I met with my academic advisor this past week to figure out what classes I am going to take next semester. I will be taking on the biggest academic load I have ever taken. I actually designed 2 of my own classes, something no other Athletic Training major has done! I will be doing some guided independent readings as well as performing video analysis on baseball pitchers to identify the different throwing motions and the stresses that they place on the shoulder. It should be very challenging but will definitely be rewarding.

I have been traveling extensively with the men's and women's soccer teams. Both teams qualified for the conference tournament and both teams defeated their first round opponents. I will be traveling to Simpson (which is located in Indianola) Friday for the second round of the tournament. It has been fun working the soccer teams as they are very friendly and respecting and consider me to be part of the team. Women's basketball is were I will be heading when the soccer season is done.

I am not sure what the plans are for the Pederson Christmas but as along as it as after December 16 I will be there. The last I had heard it was going to be on the 17th and if Fort Dodge if I am remember correctly.

Love,  
Jon



Subj: **Salutations**  
Date: 9/11/2006 4:24:26 P.M. Central Standard Time  
From: [pedejo03@luther.edu](mailto:pedejo03@luther.edu)  
To: [PeteVinton@aol.com](mailto:PeteVinton@aol.com)

Hello Grandma and Grandpa,

I have begun my third week of school and boy is it hectic. As you probably know I came back to Luther August 11 to work preseason for our various sports teams: football, cross country, volleyball, and men's and women's soccer. I have been assigned to the men's soccer team for their entire season which lasts until the first week of November. When the soccer season is over I will be working with the women's basketball team.

I have already worked 3 home soccer games and 1 large cross country tournament. This Thursday I get to travel with the soccer team to Bethel, which is located in St. Paul Minnesota. We leave at 10 a.m. and return sometime around midnight.

Classes are going well. I am taking: rhetoric of spirituality, history of christian thought, Athletic training clinical class (lower body assessment), physical conditioning, principles of weight lifting, personal fitness and wellness and Norwegian (unfortunately we are required to learn a new language). It is a very busy schedule but can also be rewarding. Unfortunately the classes do not get any easier the older you get, actually the opposite happens, the classes get harder. Lisa and I are taking one class together, Norwegian.

My favorite class thus far would probably have to be my History of Christian Thought class, we just got done reading about some of Plato's and Aristotle's philosophies about life, happiness, and virtue.

Love,  
Jon

Subj: **Howdy**  
Date: 5/8/2006 6:25:38 PM Central Standard Time  
From: [pedejo03@luther.edu](mailto:pedejo03@luther.edu)  
To: [PeteVinton@aol.com](mailto:PeteVinton@aol.com)

Well hello Grandma and Grandpa! This is the last week of classes, finals start this Saturday but thankfully for me my first final isn't until Monday at 8:00 a.m. which is a little too early in the morning for me to think about physiology. Luther College is hosting the IIAC Conference Championships for track; unfortunately I have to work it. I am forced to work a total of 12 hours, 8 hours on Friday and 4 on Saturday. Mom and Dad are coming up Saturday to help me start the moving out process, they will be taking home some the larger things that cannot fit into my car. Meaning, I will have to go 3 days without anything to sit on except for hard computer chair (and yes I am looking for some sympathy)!

I am taking a DMACC class, Developmental Psychology, over the summer - class starts May 30th and ends July 3rd. Hopefully, it will supply some intellectual thought (but not too much!). I also plan on doing some independent studying, such as preparing myself for my upcoming Athletic Training classes next fall. I do not think that I have told either of you that I am planning on getting a minor in Religion.

I have currently been working with the Luther Baseball team, this past Saturday I worked 8.5 hours - it was a long day. The team did make it into Conference tournament - the expectations for them is not high. Next year I will be working with the Soccer team for their entire season - I will even travel with them to Tennessee over Labor Day weekend. Luckily, I will be paid handsomely - around \$200.

I am very anxious to get out the golf clubs - it has been a long time. We will have to set up a golf date sometime this summer - I cannot remember the last time I golfed in Vinton. The next time you are out golfing hit a hole-in-one for me!!

Love,  
Jon



Subj: (no subject)  
Date: 1/12/2006 10:46:30 PM Central Standard Time  
From: [pedejo03@luther.edu](mailto:pedejo03@luther.edu)  
To: [PeteVinton@aol.com](mailto:PeteVinton@aol.com)

Hello grandma and grandpa. Thank you for your kind e-mail. I am in a way kind of glad that my first semester classes are over with but I do at times miss them. For J-term I am taking Anthropology Cultural Warfare Perspective. It requires a lot of reading. I spend just as much time studying for this one class as it did for all of my first semester classes. At times I like the class and at other times I question why I took this class. I am currently with the wrestling and indoor track and field team. Wrestling is very upbeat and requires a lot of your attention whereas the track and field team requires no attention which allows me to do some studying during their practice. I work between 3-3.5 hours a day for 4 days a week. Next month I switch my athletic training rotation and move to men's basketball. There are no opportunities for me to travel with the wrestling team but there will be with the basketball team - I know for sure that I will be traveling to Central in early February. My toughest class next semester will be Introduction to Physiology, there is also a 2 hour lab to accompany it - that should be loads of fun.

I am going to talk with the head athletic director to see if I would be able to conduct some research in the athletic training field. Because of the grades that I have attained I am eligible to conduct research in my area of study if the faculty in the athletic training department approve and then if Luther College approves it. Luther would fund my research and at the end of it I would make a presentation of my findings to various faculty members and even receive some class credit. Hopefully there will be an opportunity because this is something that I really want to do and will help my resume when I start applying to graduate schools.

The weather here has been fantastic, right around upper 30's and even in the lower 40's. Today was a perfect day, if I had my golf clubs with me I would have gone out. Where exactly is this condo that you two are renting out? Is it in Louisiana, Florida, Alabama? Make sure to play a game of golf for me, I am getting very antsy to get out golfing. I hope that the weather will be cooperative with your travel plans.

Love,  
Grandson-Jon

*Brokeback Mountain - Movie*

Subj: **Thank you**  
Date: 12/4/2005 12:30:20 AM Central Standard Time  
From: [pedejo03@luther.edu](mailto:pedejo03@luther.edu)  
To: [PeteVinton@aol.com](mailto:PeteVinton@aol.com)

Hello Grandma and Grandpa. My, what a busy time of year it is. Thank you so much for your thoughtful gift. I must confess, most of it has already been eaten. The hot cocoa came in handy as it has been snowy all day yesterday and today. Last night Lisa and I attended Christmas at Luther. Everyone around these parts claims that it is the best Christmas production in Iowa, and after last night's performance I would agree with that statement. My roommate, Tim, is a music major and was involved in it. There are some 500 Luther college students that make 5 choirs, as well as an orchestra. IPTV travels around to all the small Iowa colleges and will broadcast them in a week or so. I would suggest keeping an eye out for it and watching it, they are rather good. Finals week starts December 12 and I can honestly say that I am prepared for them. If all goes well I should get no grades less than a B+. I was told, when I was home over Thanksgiving break, that the Pederson Christmas was going to be held on the 17th, is this to be true? I am looking forward to seeing everyone again. I am hoping all is going well for the both of you. Have you found any activities to fill the golfing void? I believe in a past e-mail you mentioned bowling, I hope that is going well. Thank you for the cookies and other delicious treats as well as your thoughts.

Love,  
Jon



10-9-05

Subj: Hi  
Date: 9/26/2005 11:13:02 PM Central Standard Time  
From: [pedejo03@luther.edu](mailto:pedejo03@luther.edu)  
To: [PeteVinton@aol.com](mailto:PeteVinton@aol.com)

Hi Grandma and Grandpa! It is nice to hear from you. I was beginning to wonder if you lost my e-mail address or were just to busy to write. College is going alright. It was tough at first, first time being so far away from home. The first week was the toughest but after that it was ok. It does seem like "home" now. My classes are going ok. I am taking, Finite Mathematics, Intro to the Bible, General Pyschology, Athletic Training Clinical Rotation I, and 1st Aid:Care and Prevention of Injuries. I am getting good grades in all of them. The toughest class is Intro to the Bible. We have already gone through about 3/4 of it in only 5 weeks and we only meet 2 days a week!! It is definitely a challenging and confusing class. I work down in the training room for 4 days a week and get about 12 hours a week. I am currently working with the volleyball team. They are not very good, they have only won 1 game in 17 games. This past weekend there was a volleyball tournament here so I put in 4 hours on Friday and about 5 hours on Saturday only to watch them lose every game. There were no injuries so it was pretty boring. It is pretty fun working down in the training room and with the athletic teams. In my Clinical rotations we learned about how to pop blisters and today I got to pop my first one! It was rather fun.

That is good that you are reading lots. Anything in particular you enjoy reading? The only reading that I get to read is about the body and how to keep it injury free and about the human anatomy. The hurricanes are very tragic. It is hard to imagine such a tragic thing happening in America. We usually see this kind of flooding only in foreign countries but not our own. It is too bad that the second hurricane, Rita, had to come through the same areas. Maybe we can develop some sort of plan to help prevent such terrible flooding. A student that was attending Tulane College came here to Luther after the flooding. How is your bowling league? Are there many participants? Better get your golfing in before it gets to cold out. I hear that grandpa is having a birthday party on October 16. Luckily for him, that is during my fall break so I will be able to attend it! Stay in touch.

Love,

Jon